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滙豐信用卡客戶專享85折扣優惠

## Pelvic Floor Muscles Treatment Program 盆底肌治療計劃

In just **28 minutes**,  
you will have  
approximately **12,000**  
pelvic floor contractions!

安坐28分鐘，  
便可完成 **12,000** 次  
盆底肌訓練！



Discounted Price  
優惠價 **\$770**

Original Price 原價: \$910



More Details  
了解詳情



# Pelvic Floor Muscles Treatment Program

## 盆底肌治療計劃



Remain fully clothed  
無需脫衣服



Non-Invasive  
無痛無創



FDA and CE-Certified  
FDA及CE雙重認證



Suitable for male and female  
男女適用



95% patients reported significant improvement with their leakage<sup>1</sup>  
95%用家尿滲問題顯著改善。

### PROGRAM DETAILS 計劃內容

1. Emsella Chair treatment strengthens the pelvic floor muscles, reducing urinary and/or bowel leakage and improving sexual performance. It is suitable for both men and women with weakened pelvic floor muscles leading to urinary and/or bowel leakage.
2. The treatment plan includes Emsella Chair treatment, home pelvic floor muscle exercises, and recommendations for improving lifestyle.
3. The duration of the Emsella Chair treatment depends on the patient's needs. It is generally recommended to have 6 to 8 sessions, with two sessions per week, lasting for three weeks.
4. The initial treatment cost is HKD \$1,220, which includes the initial assessment, questionnaires, home pelvic floor muscle exercises, and one session of Emsella Chair treatment. Subsequent treatments (follow-up sessions) include re-assessment and one session of Emsella Chair treatment, costing HKD \$770.
1. 透過Emsella修護椅治療強化盆底肌肉，從而減少尿滲及/或大便失禁問題，以及提高性能力，適合盆底肌薄弱而導致尿滲及/或大便失禁的男性和女性。
2. 治療計劃包括Emsella修護椅治療、盆底肌肉居家運動，以及提供改善生活方式的建議。
3. Emsella修護椅療程視乎患者需要而定，一般建議為六至八節，每週進行兩節治療，為期三周。
4. 首次治療費用為港幣\$1,220，包括初步評估、問卷、盆底肌肉居家運動及一節Emsella修護椅治療；其後的治療(又稱覆診跟進)則包括重新評估及一節Emsella修護椅治療，費用為港幣\$770。

### TERMS & CONDITIONS 條款及細則

1. The offer is valid until 31 December 2024.
2. A registered doctor's referral for physiotherapy is required for treatment.
3. Applicants must undergo treatment at the Rehabilitation Center of Hong Kong Adventist Hospital - Stubbs Road.
4. Hong Kong Adventist Hospital - Stubbs Road reserves the right to amend any of the above Terms and Conditions without prior notice. In case of any dispute, Hong Kong Adventist Hospital - Stubbs Road reserves the right of final decision.
1. 本優惠計劃有效期至2024年12月31日。
2. 有關治療必須經持有香港註冊醫生開出的物理治療轉介信。
3. 申請人須於香港港安醫院一司徒拔道的復康中心進行治療。
4. 香港港安醫院一司徒拔道保留修改上述任何條款及細則的權利，恕不另行通知。如有任何爭議，香港港安醫院一司徒拔道保留最終決定權。

The effects of treatment vary from person to person. 療程效果因人而異。

### BOOKING & ENQUIRIES 預約及查詢：

(852) 2835 0558

[rehab.psr@hkah.org.hk](mailto:rehab.psr@hkah.org.hk)

1. Berenholz J, MD, Sims T, MD, Botros G, MD. HIFEM™ Technology Can Improve Quality of Life of Incontinent Patients